



OUR GUNYAH

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WELCOME MICHELLE



"Michelle recently started working for Gunida Gunyah as an Intake Officer, check out the staff profile below to get to know a little more about Michelle."

My name is Michelle and I started working at Gunida Gunyah in February as an Intake Officer. I have been married to my husband for 23 years and we have two beautiful daughters and an adorable Granddaughter. My mum grew up in Manilla and then moved to Gunnedah with her family, two of my uncles helped my mum raise her 4 children. They taught me many great life experiences but I have lived in Gunnedah most of my life.

Working at Gunida Gunyah I have learnt new skills that I would have never gained coming from 12 years working in the Hospitality Industry .Working in an Aboriginal Corporation has been an awesome experience for me that I will continue to do. I find that it is very rewarding to be able to help people in the community that are in need of assistance .The staff at Gunida Gunyah have been very welcoming and I will enjoy getting to know/ work with them.

In my spare time I enjoy spending time with my family, playing OZtag and Touch football and going to the gym. Family is very important to me and would not be the person that I am without their support; in three words I would describe myself as loyal, fun and dependable.

Cheers Michelle

TENANT TALK UP

Maree Crowe
Tamworth



Where are you from?

Cowra NSW

Tell us a bit about yourself; hobbies, family, friends, growing up etc.

I like to do crosswords and I like to knit. I have family from all over - Nyngan, Wagga, Sydney & grew up out west (Wagga, Cowra & Forbes)

How would people describe you?

Friendly

What/who motivates you?

My grandchildren

How do you define 'family' & 'culture'?

It's what makes me who I am

How would you describe your experience with Gunida Gunyah Aboriginal Corporation?

Great, they are all very friendly & helpful

How have you been coping during Covid-19?

Ok

Is there a quote, work, sentence or any tips you could share with everyone during this pandemic, what would it be?

Stay safe

GGAC Staff attend Indigenous Specific DV Alert Workshop

Last month Lifeline delivered an Indigenous specific Domestic & Family Violence workshop over two days at Gunida Gunyah. A number of Gunida Gunyah staff attended the training being given skills and knowledge on how to recognise, respond and refer people experiencing domestic and family violence through a personal and professional level and out of the training received a Statement of Attainment in recognise and respond appropriately to domestic and family violence. Congratulations to all staff that attended.



Emergency Accommodation Support

Gunida Gunyah recently received funding through the ANZ Seeds of Renewal Program providing access to emergency accommodation for people who are experiencing sudden homelessness, providing up to 5 nights' accommodation. Individuals and family units are able to access the support; clients must normally reside in the Local Government Area of the Gunnedah Shire Council but consideration will be made for residents living in the Local Government Area of the Narrabri Shire Council.

For any further information about this service or support please contact our office on (02) 6742 7038 during Monday – Friday between 8:30am – 4:00pm; if you require support after these hours please contact Michelle on 0478 240 901.



GGAC's Women's Group Graduate Cert 1 in Fundamental Aboriginal Languages for Personal Use

As Published by Gunnedah Times

Last year eight women who are members of Gunida Gunyah decided that they wanted to learn more about Aboriginal languages and discover more about their culture. Gunida Gunyah took this idea onboard and enrolled the women into a NSW Tafe course. Now, those women have successfully completed Certificate one in Fundamental Aboriginal Languages for personal Use, an accomplishment they are immensely proud of.

The course, run by Tafe NSW through the Dubbo campus was taught by well respected educators Aunt Beth and Uncle John Wright, who guided not only the Gunida Gunyah women, but all participants through what eventuated into a journey of self-discovery.

Due to COVID-19, the course was all done online, which allowed people from all over Australia to participate. Uncle John and Aunt Beth did come to Gunnedah for a day during the course, bringing tangible items with them to ensure a hands-on learning experience.

"I loved it," participant Elva Cameron said. "At first I thought it was no good, that I would never pass, but I thoroughly enjoyed it and am so excited to be graduating." Elva was also the oldest participant in the class, proving that you are never too old to learn new things.

"We never really knew how our culture dealt with issues as we grew up in a western society. This course allowed us to explore our roots, and this is all an education we can pass on to our grandchildren," the women said. "It was not just learning language; it was learning culture."

Uncle John and Aunt Beth encouraged the women to continue using the language during their graduation. "Share the language and use the language," Uncle John said. "It is not just sitting behind a computer, it is looking, listening and learning, and the way to do that is to do it all together."

The women were incredibly thankful for Gunida Gunyah and Stephanie for their organisation and support. "We could not have done this without them," they said. "If it was not for all of their hard work this would not have happened."

A few of the women are interested in continuing with their education and are looking at enrolling into Certificate two, which is due to commence in June.



From Left June Cox, Minnie Matthews, Janet Wanless, Stephanie Cameron, Elva Cameron & Carol Brydon

A message from Repair & Maintenance

Carpet Moths & Pests Facts & Treatment

Who is responsible?

This is part of a landlord's responsibility to provide a reasonably clean property that is fit for the tenant to live in. Tenants are generally responsible for getting rid of pests and vermin if the issue arises after they have moved in and if it was caused by the tenant's activities or lack of cleanliness.

Don't ignore small bald patches at the edges or corners of your carpets; it could be that you have an infestation of carpet moths. This is a problem that won't go away and will only get worse so it's best to get it sorted straight away.

Why are carpet moths a problem?

Adult carpet moths are harmless but it's the eggs that the females lay that cause the most damage. Females lay approximately 200 eggs over their lifetime. The eggs hatch into larvae that use the carpet as a food source. Wool carpet is especially a delicacy here in Brisbane for the carpet moth. Larvae can exist for up to two years, and you won't see them as they munch away out of sight in dark or low lit places. When you see the moths, the damage has already been done, and a small patch of threadbare carpet could just be the tip of the iceberg.

How to recognise them

Adult carpet moths are light brown or beige in colour with a 2 cm wingspan, and once fully formed don't need to eat. The eggs are only 1mm long but once hatched into larvae, search for food immediately and along with wool, can consume cotton, linen and silk; synthetics aren't so much at risk. Each larva spins a cocoon when it pupates, so the presence of silk-like casings also indicate carpet moths.

Treating carpet moths

Once carpet moths are identified, start the treatment process by vacuuming the affected area thoroughly with the fine nozzle and on high power. Concentrate on skirting boards, the underside of furniture and both sides of rugs, get into all the crevices. Change the vacuum cleaner bag afterwards and remove from the house. Regular vacuuming underneath furniture and around skirting boards will make your home a carpet moth no-go zone, as they don't like being disturbed.

There are over the counter treatments that you can use such as Pheromone Traps, sachets and carpet sprays to repel moths so they don't lay eggs. For the best results get in touch with a professional pest control service, to successfully get rid of carpet moths.

Women of all ages are welcome to
attend!

Traditional Basket Weaving Group

WILL BE RUN FORTNIGHTLY
ON WEDNESDAYS
COMMENCING ON THE 7TH
APRIL 1:30-3:30PM @ GUNIDA
GUNYAH OFFICE
34-36 FARRAR ROAD
GUNNEDAH.

Call staff on (02) 6742 7038 to
register your interest. Transport is
available by request





Red Chief LALC
introduces:

Art & Craft Circle

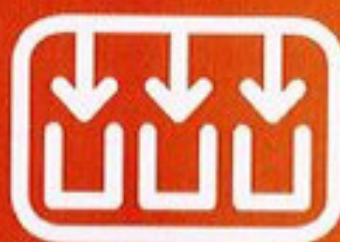
9.30am—11.30am
Tuesday and Fridays
mornings @ RCLALC

Take part in Art & Craft activities
as we get ready for NAIDOC 2021,
whilst at the same time enjoying
a coffee and a chat!

Enquiries & bookings: 6742 3602

*Your LALC: your
community. Your
voice!*





Community Recycling Centres

FREE DROP OFF



You can drop off:



Gas bottles and
fire extinguishers



Paint



Fluoro globes
and tubes



Car batteries



Household
batteries



Motor oils



Other oils



Smoke
detectors

Only household quantities accepted 20kg or 20L maximum container size. Please transport your materials carefully.
Dangerous goods and items other than those listed will not be accepted

**Gunnedah Waste
Management Facility,
Quia Road, Gunnedah**

**Open Tuesday to Sunday
9am-4pm
(closed Mondays)**

**Dropping off items like these is
a FREE and easy way to reduce
clutter and do your bit for the
environment!**

**Give us a call if you're not sure!
02 6742 3943**

WHAT CAN I PUT IN MY GREEN WASTE BIN?



Gunnedah
Shire Council

YES!



Lawn
clippings



Dry leaves
& prunings



Small sticks
& twigs



Fresh leaves
& prunings

NO!



Plastic bags
& liners



Construction
waste



Food waste
& garbage



Potting mix
bags & pots

Your recovered **garden organic waste** is processed into high quality mulch products. Putting the right items in counts! For further information or questions, give us a call on **02 6740 2100**